

Student Catalogue

New Mexico Basic Injection Therapy - 72 hours
Beginner's Mind Medical Arts Institute, LLC

Effective 2026-2027 | Updated October 17, 2026

1 - About this catalogue

This catalogue describes the New Mexico Basic Injection Therapy course: what it is, when and where it is delivered, who teaches it, what it costs, and what completing it does and does not entitle a graduate to do.

Three documents accompany it and are incorporated by reference.

Statement of Policy and Procedure: Admission, attendance, grading, conduct, privacy, dress, grievance, and the terms a student signs

Course Fees Schedule: All amounts: tuition, tax, deposit, payment dates, what is and is not included

Course Schedule and Hours Ledger: The session structure, hours and their allocation

Where this catalogue and one of those documents differ, the other document governs.

2 - The Institute

Beginner's Mind Medical Arts Institute, LLC, is a New Mexico continuing education provider in acupuncture and oriental medicine, based in Santa Fe.

The teaching method places foundations before techniques, safety before speed, practice before performance, and reasoning before recipes. The aim is not a catalogue of techniques but a clinician who knows when, why, and whether to act.

3 - The course

3.1 What it is

A 72-hour course of instruction for New Mexico Doctors of Oriental Medicine seeking expanded practice certification in basic injection therapy. It is delivered live and in person, except the one hour of New Mexico pharmaceutical law, which the New Mexico Board of Pharmacy provides live online with a Board of Pharmacy inspector present to answer questions. There is no other online component.

The course also qualifies you to sit for the examination given by the National Certification Board for Acupuncture and Herbal Medicine (NCBAHM) for its Certificate of Qualification in Acupuncture Injection Therapy (AIT COQ).

3.2 What completion does

On successful completion the Institute issues the New Mexico Certificate of Completion. It evidences completion of the 72 hours. It confers no certification and no authority to practice: it allows you to apply to the New Mexico Board of Acupuncture and Oriental Medicine (the Board) for certification in basic injection therapy, and the Board alone decides whether certification is granted.

The Institute also issues a second certificate of completion, which qualifies you to sit for the NCBAHM AIT COQ examination. The AIT COQ is issued by NCBAHM if and when you pass the examination. The Institute does not issue it.

Course completion alone does not grant legal authority, certification, or expanded practice status. You remain responsible for meeting all licensing-board, credentialing and scope-of-practice requirements of the jurisdiction in which you practice.

Basic injection therapy is also the prerequisite to two of the other expanded practice certifications available in New Mexico: injection therapy and intravenous therapy.

3.3 Dates and venue

Weekend 1 March 5-7, 2027

Weekend 2 March 19-21, 2027

Weekend 3 April 2-4, 2027

Venue Santa Fe Woman's Club, 1616 Old Pecos Trail, Santa Fe, New Mexico 87505

Daily pattern Four two-hour sessions: 8:00-10:00, 10:15-12:15, 2:00-4:00, 4:15-6:15

Enrollment Limited to 40 students

Nine instructional days, eight hours each. The midday lunch break and morning and afternoon breaks are not counted toward instructional hours.

On the first day, students report to the registration table 45 minutes before the first session, at 7:15 am, to complete registration and execute required documents.

3.4 Structure

The course moves from safety, law and scope, through evaluation and pharmacology, into supervised injection technique, and closes with summative assessment on the final day.

Weekend 1 - March 5-7, 2027

Weekend 1, Day 1 - Course orientation, clinical readiness, law and scope

- Course Orientation and the Beginner's Mind Method
- Safety-First Clinical Readiness Lab I
- Safety-First Clinical Readiness Lab II
- New Mexico pharmaceutical law, delivered by a member of the New Mexico Board of Pharmacy
- Oriental medicine scope of practice

Weekend 1, Day 2 - Authorized substances, aseptic technique, USP 797, orthopedic and neurologic screening

- The authorized formulary and its limits; procurement legality; patient screening and biomedical differential diagnosis
- USP 797 and FDA fundamentals as applied to basic injection therapy
- Aseptic and injection workflow laboratory
- Orthopedic and neurologic screening: framework, red flags, and referral logic

Weekend 1, Day 3 - Orthopedic and neurologic evaluation

- Orthopedic and neurologic evaluation I: regional anatomy and differential diagnosis
- Orthopedic and neurologic evaluation II: regional testing and clinical reasoning

- Evaluation skills laboratory I
- Evaluation skills laboratory II: integrated screening and documentation

Weekend 2 - March 19-21, 2027

Weekend 2, Day 4 - Pharmacology and applied evaluation

- Pharmacology of the authorized substances I - vitamins and minerals
- Pharmacology of the authorized substances II - hyaluronic acid, dextrose, sarapin, enzymes, sodium chloride, sterile water, additives
- Applied orthopedic and neurologic evaluation laboratory
- Evaluation integration and documentation laboratory

Weekend 2, Day 5 - Trigger point therapy and acupuncture point injection

- Principles, indications, contraindications, referral patterns, perpetuating factors
- Treatment planning, regional anatomy and risk review
- Skills laboratory I: palpation, marking, targeting, safe trajectory
- Skills laboratory II: supervised technique integration

Weekend 2, Day 6 - Vapocoolant, therapeutic injections, basic mesotherapy

- Vapocoolant spray and stretch
- Therapeutic injections and vitamins; applied clinical use of the authorized substances
- Basic mesotherapy concepts
- Basic mesotherapy laboratory: hand technique

Weekend 3 - April 2-4, 2027

Weekend 3, Day 7 - Neural therapy and regional injection laboratories

- Basic neural therapy: interference fields, autonomic relationships, scars, peripheral nerves
- Neural therapy and therapeutic injection skills laboratory
- Regional injection laboratory - knee
- Regional injection laboratory - low back

Weekend 3, Day 8 - Regional injection laboratories and consolidation

- Regional injection laboratory - shoulder
- Regional injection laboratory - hip and pelvis
- Regional injection laboratory - elbow
- Regional consolidation: applied anatomy, danger zones, documentation workflow

Weekend 3, Day 9 - Summative assessment

- Proctored written examination, parts one and two

- Practical examination circuit A
- Practical examination circuit B

3.5 Clinical practice

37 of the 72 hours are supervised clinical practice - more than half the course. All clinical practice is delivered at a ratio of no more than one instructor to eight students, as 16.2.18.8(D) NMAC requires.

Students give injections to one another and receive them. A practitioner who has only ever injected sterile saline cannot prepare a patient for a sensation they have never experienced.

A release form is signed before clinical laboratories begin, confirming that you accept those risks and that you have disclosed any medical condition making it unsafe for you to receive injections.

Students who are allergic or hypersensitive to an authorized substance may be excused from participating when that substance is in use, and are provided with a designated low-exposure observation area; observation of all clinical hours remains required.

3.6 Assessment

Assessment is by proctored written examination and by practical examination circuits conducted by Clinical Supervisors.

The proctored written examination is administered on Day 9. Short quizzes may be given at any point in the course. Quizzes are formative: they check understanding and guide teaching, and they do not count toward the passing grade.

Under 16.2.18.12(G) NMAC the passing grade is 70 percent. It is required on the written examination and on the practical examination independently, and a deficiency in one is not offset by performance in the other.

A student who fails the written examination or the practical examination at first attempt may be eligible for a single structured remediation and retake. The Course Director decides whether that remediation and retake are offered, and records the reason for any decision to decline.

Where a retake is offered, a written retake is taken on a second form drawn from the same blueprint, without reuse of items from the first. A retake of the practical examination covers whatever the student failed, whether a single station, several stations, or every station of both circuits, and is scored by a Clinical Supervisor other than the one who scored the original attempt. A student who fails on retake does not receive a certificate of completion, and tuition is not refunded.

Remediation and retake are offered on the same day wherever practicable, at the conclusion of the examination session, and no charge is made. Where a retake cannot be completed on the day, it is scheduled at the earliest date convenient to the Institute and the student, and a fee of \$175.00 is charged for the sitting, irrespective of the number of stations retaken.

The rubric for each practical station is provided to students during the course, before any practical examination, so that they know the criteria on which they are assessed, including every critical-error criterion.

Full attendance of all required hours is necessary for a course completion certificate.

4 - Admission

4.1 Prerequisites, as required by 16.2.18.10 NMAC

- Current New Mexico DOM licensure in good standing.

- Proof of completion of at least 3 college or university credit hours, 30 to 45 contact hours, in a course in pharmacology from an accredited institution. A Board-approved online course is acceptable, or the applicant may sit a pharmacology final examination at an accredited institution.
- Proof of completion of a 4-hour American Heart Association approved CPR or basic life support course. CPR/BLS proof must include a current card valid through July 31, 2027, as 16.2.18.10(D) NMAC requires.

4.2 Registration, documentation and place allocation

Applicants who confirm that they meet the pharmacology prerequisite and can attend the full course may submit their registration and initiate deposit payment in one continuous process. Applicants who have completed the required four-hour AHA CPR/BLS training may pay while renewing their card, provided the renewed card is submitted by January 5, 2027 and is a current card valid through July 31, 2027, as 16.2.18.10(D) NMAC requires. An unresolved pharmacology question, CPR clarification, or attendance concern is submitted to the Course Director for review without payment; that request does not hold or reserve a place.

Payment does not waive prerequisites or the obligation to submit proof. Required prerequisite documentation must be submitted to BMMAI by January 5, 2027. Send readable copies of the New Mexico DOM license, qualifying pharmacology proof and required CPR/BLS proof to registration@bmmai.com, including the applicant's name and registration reference. BMMAI reviews documentation before collecting the tuition balance. No student may participate without satisfactory prerequisite documentation. The Board decides certification and may refuse an application that does not meet its requirements.

Class size is limited to 40. Available places are allocated through protected payment holds. An earlier active hold is not displaced by a later applicant whose payment settles faster. All active holds and reserved places count toward the 40-place maximum. A card or supported-wallet checkout holds a place for 30 minutes. An initiated ACH payment retains the place while processing; a reservation is confirmed only when payment succeeds.

Checks must be received within ten calendar days after registration. A place remains held while a timely received check clears the bank, and the reservation is confirmed only after bank clearance. Receipt of the check alone does not confirm payment. Make checks payable to Beginner's Mind Medical Arts Institute, LLC, and mail to 404 C Brunn School Road, Santa Fe, NM 87505.

When all places are reserved or held, applicants join a chronological waitlist and receive confirmation without a payment request. If a place opens, the first person on the waitlist is notified by email and must initiate deposit payment within 48 hours. The offered place is protected during that period and then under the applicable payment-processing rules.

The Course Director retains final administrative discretion over individual exceptions, deadlines, admission decisions, and any credit toward a future course, subject to applicable law, Board requirements, and the rights stated in the Statement of Policy and Procedure. BMMAI does not promise that a future course will be offered. Wherever these documents give a student who is affected by a cancellation the choice of a transfer to a future course, that choice applies only if BMMAI offers a future course; otherwise the student receives a full refund of all monies paid. This provision does not alter the stated deadlines.

5 - Tuition and fees

Amounts are established by the Course Fees Schedule and stated here for information.

Tuition: \$5,400.00. New Mexico gross receipts tax at 8.1875%: \$442.13. Total payable: \$5,842.13.

The deposit is \$811.41: \$750.00 deposit plus \$61.41 New Mexico gross receipts tax, applied to tuition. The remaining balance is \$5,030.72: \$4,650.00 tuition plus \$380.72 gross receipts tax, due January 19, 2027. Total tuition and tax is \$5,842.13. After prerequisite documentation review, BMMAI

sends a separate balance-payment link and instructions before January 19, 2027. Amounts are established by the Course Fees Schedule.

The deposit (\$750.00 plus gross receipts tax) is nonrefundable except as otherwise provided in the Statement of Policy and Procedure. If BMMAI cannot establish an applicant's required prerequisite eligibility during its initial prerequisite-document review, BMMAI will refund amounts paid other than the nonrefundable deposit of \$750.00 plus \$61.41 New Mexico gross receipts tax (\$811.41 total). Any refund includes the gross receipts tax paid on the refunded amount. Existing BMMAI cancellation and rescheduling refund rights remain in effect.

Accepted methods: check, ACH transfer, and major credit and debit cards. The amount payable is the same whichever method is used. Amounts are fixed once a deposit is paid.

Tuition includes

- All 72 hours of instruction
- All injection consumables, needles, syringes, authorized substances and personal protective equipment used during the course, including one set of ANSI-rated eye protection
- The Student Handbook and the Student Manual, distributed in print on the first morning
- All handouts
- The written and practical examinations, with a single structured remediation and retake where eligible
- A working lunch on the first day
- The New Mexico Certificate of Completion
- A second certificate of completion, which qualifies you to sit for the NCBAHM AIT COQ examination. The AIT COQ is issued by NCBAHM if and when you pass the examination. The Institute does not issue it, and no fee paid to the Institute covers the examination or that certificate.

Tuition does not include

- Required texts, approximately \$205
- Travel and lodging
- Meals other than the working lunch on the first day
- Scrubs, lab coat and closed-toe shoes
- A retake that cannot be completed on the day of the examination - \$175.00 for the sitting
- Any licensure or examination fees payable to the Board or to NCBAHM

Withdrawal and refund

The eligibility-refund rule in Tuition and fees applies only to BMMAI's initial prerequisite-document review. After BMMAI confirms eligibility, a subsequent lapse of a required license or CPR/BLS credential is governed by the ordinary withdrawal and refund provisions.

Withdrawal and refund are governed by the Statement of Policy and Procedure. In summary:

- Withdrawal with at least 30 days' written notice by certified mail - tuition paid is refunded, excluding the deposit
- Withdrawal with less than 30 days' notice - no refund, though a withdrawing student may recruit a qualified replacement up to three weeks before the course begins

- After instruction has begun - no refund, though the Course Director may offer a partial credit toward a future course where a student cannot continue for a documented emergency, should a future course be offered
- If Beginner's Mind Medical Arts Institute (BMMAI) cancels - a full refund of all monies paid, including the deposit and gross receipts tax, or, if BMMAI offers a future course, transfer to it, at the student's election. If no future course is offered, the student receives a full refund.
- If BMMAI reschedules - a full refund of all monies paid, or transfer to the rescheduled course, at the student's election.

6 - Faculty

Every instructor named below is qualified under 16.2.18.8(C) NMAC, and every qualification is evidenced by a Board-issued document reproduced in the Faculty Credential Appendix filed with the course approval application.

Dr. John D. Ross, DOM - Course Director Licensed as a Doctor of Oriental Medicine in New Mexico since 1988, and certified by the New Mexico Board in injection therapy, intravenous therapy and hormone therapy since 2006. He holds the NCBAHM Certificate of Qualification in Acupuncture Injection Therapy, AIT COQ-000007, and served as a subject matter expert on the NCBAHM Injection Therapy Task Force which developed the national learning objectives and examination items. He has served as Member and Chair of the New Mexico Board of Acupuncture and Oriental Medicine, is a licensed paramedic, and taught the last basic injection therapy course offered in New Mexico.

Dr. Debra D. Boehme, DOM Has practiced as a Doctor of Oriental Medicine since 2004 and provides acupuncture, herbal medicine, physical therapy and homeopathic and prolotherapy injections at East/West Integrated Pain and Rehab Center in Albuquerque. She uses injectables within her scope of practice on a weekly basis and considers them an important part of treatment for certain patients. She has served as Academic Dean of Southwest Acupuncture College's Albuquerque campus, teaches for the UNM School of Medicine EMS Academy, examines for Clean Needle Technique, and works in emergency management with the National Disaster Medical System and the Medical Reserve Corps.

Dr. David J. Canzone, DOM Has practiced acupuncture and Oriental medicine in Santa Fe since 1989 and owns an integrative clinic treating oncology patients, chronic pain and women's health. He has used authorized injection-therapy substances in practice since his New Mexico RX Basic Injection certification in 2013. He holds the NCBAHM Certificate of Qualification in Acupuncture Injection Therapy and is board certified in Acupuncture Orthopedics, and has served as Chair of the New Mexico Board of Acupuncture and Oriental Medicine and as Chair of the national NCBAHM Board.

Dr. Sandy Phelps Canzone, DOM Has practiced acupuncture and Oriental medicine in Santa Fe since 2001 and holds NCBAHM certification in Oriental Medicine. She has used authorized injection-therapy substances in practice since her New Mexico RX Basic Injection certification in 2013. She came to Oriental medicine through more than 20 years in massage therapy, bodywork and Ayurvedic medicine. She served as Director of Oncology Massage at New Mexico Cancer Care Associates and as a massage instructor at Southwest Acupuncture College and the Scherer Institute of Natural Healing.

Dr. Paul D. Dumont, DOM, Dipl. OM (NCBAHM) Founder and Clinical Director of True Health Center in Albuquerque, New Mexico, with nearly two decades of clinical experience. He has more than five years of experience using authorized injection-therapy substances in practice, supported by foundational and advanced training in basic injection therapy, acupoint injection, perineural and trigger-point techniques, and prolotherapy. His broader clinical work integrates acupuncture, Chinese medicine, pain care, physiological testing, and systems-based metabolic assessment.

Dr. Carla M. Garcia, DOM Has practiced as a Doctor of Oriental Medicine in Albuquerque since 2008, treating patients in both English and Spanish and working alongside other health care professionals

to combine treatments. She has held New Mexico RX1 injection therapy certification since 2014. She is a certified clinical thermographer, serves as National Training Director for Electronic Medical Interpretation and as liaison for Meditherm, and speaks at national and international conferences on thermographic imaging standards.

Dr. Glenn Lockhart Wilcox, DOM Licensed as a Doctor of Oriental Medicine in New Mexico since 1982 and holding New Mexico Board certification in injection therapy, intravenous therapy and hormone therapy since 2002. Since 1988 he has created courses in injection, intravenous and hormone therapy approved for certification by the New Mexico Board, and has himself taught two courses in basic injection therapy. He has served as Member and Chair of the New Mexico Board of Acupuncture and Oriental Medicine, and successfully defended the New Mexico scope of practice statutes before the Court of Appeals on two occasions.

Christopher David Smith, PharmD - Pharmacology A New Mexico licensed pharmacist and pharmacy entrepreneur with deep expertise in sterile and non-sterile compounding, infusion pharmacy, and USP 795, 797 and 800 compliance. He founded and scaled a multi-state compounding and infusion pharmacy, serving as Pharmacist-in-Charge and Designated Person and building its full training and compliance program. He is completing the University of New Mexico's Pharmacist Clinician program in primary-care assessment, diagnosis and prescriptive authority. Through Stantor, LLC he develops continuing education on the pharmacology of injectable and infusible agents for physicians, nurse practitioners, nurses, pharmacists and Doctors of Oriental Medicine.

Mohammad Reza Zamanian, PharmD, RPh - Pharmacology Practicing as Farshid Zamanian. Owner and Head Compounding Pharmacist of Menaul Compounding Pharmacy in Albuquerque, which he opened in 2006. A New Mexico registered pharmacist since 1996, he holds a Bachelor of Science in Pharmacy from the University of New Mexico and a Doctor of Pharmacy from the University of Arkansas for Medical Sciences. His practice centers on non-sterile and sterile compounding under USP 795, 797 and 800, with therapeutic specialties including bio-identical hormone therapy and pain management.

The pharmaceutical law hour required by 16.2.18.13(F) NMAC is delivered by a member of the New Mexico Board of Pharmacy acting in that capacity. It is an agency function rather than course instruction, and the presenter is designated by that Board.

7 - Student conduct and policies

The Statement of Policy and Procedure governs admission, attendance and tardiness, grading and examination, code of conduct, prohibited behaviors, privacy and safety under HIPAA and OSHA, use of electronic devices, photography permission, dress code, non-discrimination, ethics, and grievance and appeal. Every student receives it and signs an acknowledgment.

The following are stated here in summary. The Statement of Policy and Procedure governs.

Attendance must be complete. Full attendance of all required hours is necessary for a course completion certificate. Arriving more than 15 minutes late to any session counts as absent for that block, which under the Attendance Policy may require re-taking the entire course.

No electronic devices. Laptops, tablets, phones and wearable technology are powered off and stored away during instruction. No recording of any kind is permitted at any time.

Students are both practitioner and patient. Peer-to-peer injection under faculty supervision is an inherent part of the course, and participation carries the risks that implies. A release form is signed before clinical laboratories begin, confirming that you accept those risks and that you have disclosed any medical condition making it unsafe for you to receive injections.

Course materials. The Student Handbook, Student Manual and handouts are provided for personal use and may not be copied or distributed.

Dress code. Closed-toed shoes and scrub tops or lab coats are worn in clinic. Dress in clothing that allows easy access to injection sites, particularly shoulder girdles and hips. The course is fragrance-free: perfume, cologne, aftershave, scented lotions and other scented products must not be worn, as fellow students and faculty may have environmental sensitivities.

Non-discrimination. BMMAI does not discriminate on the basis of race, color, national origin, sex, age, disability, religion, sexual orientation, gender identity, marital status, veteran status, or any other status protected by applicable law. Requests for reasonable accommodation must be submitted in writing with supporting documentation no later than 30 days before the course start date.

Ethics. The Institute's purpose is to produce practitioners who are competent, safe and careful, and who know the limits of their scope. Students are taught the boundaries of basic injection therapy practice, when to refer, and what this certification does not authorize.

Conduct. Professional demeanor is expected throughout. Faculty may require a student to modify behavior that interferes with instruction or safety, and failure to do so is grounds for dismissal without refund. Intoxicants, including medical marijuana, are prohibited during all sessions.

8 - Grievance

All participants will be treated equally and fairly. A student who believes they are not being treated equally or fairly may raise their concerns with the Course Director. Where the student wishes the concern formally recorded, or it is not resolved when raised, it may be submitted in writing by certified mail within 14 days of the incident, and will receive a written response within 14 days. A decision may be appealed in writing by certified mail within 14 days.

Where the concern involves the Course Director, or is not resolved to the student's satisfaction, it may be escalated to an independent ombudsperson - a New Mexico licensed attorney with no financial or administrative ties to the Institute. The ombudsperson's decision is final within the scope of this program. No student will be penalized or retaliated against for raising a good-faith grievance.

9 - Records

Attendance sheets and course completion records are retained for seven years to support audit by the Board or any other body that has approved or credentialed the course. Attendance sheets are provided to the Board at the conclusion of the course.