

EVOLVING YOUR PRACTICE

NEW MEXICO EXPANDED PRACTICE AND NATIONAL ACUPUNCTURE INJECTION THERAPY

History • Clinical education • Regulatory pathways • Professional participation

Beginner's Mind Medical Arts Institute, LLC

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The origins of expanded practice in New Mexico

SELECTED HISTORICAL MILESTONES

1993

The Acupuncture and Oriental Medicine Practice Act was enacted (Laws 1993, Chapter 158).

1998

The Board was certifying practitioners in expanded practice following the first training cohort.

2007

A second cohort completed combined “Rx2” training; the four-category structure followed.

2014

Dr. Ross taught the last New Mexico Basic Injection Therapy course.

2026

The Board approved BMMAI’s 72-hour Basic Injection Therapy course, to be taught in March and April 2027.

Dr. Glenn Wilcox made pioneering contributions to regulatory language that helped establish and continues to govern expanded practice.

The four certifications and their minimum hours

NEW MEXICO EXPANDED-PRACTICE EDUCATION

Basic Injection Therapy

58 contact hours • 16.2.18.13 NMAC

Injection Therapy

115 contact hours • 16.2.18.17 NMAC

Intravenous Therapy

137 contact hours • 16.2.18.21 NMAC

Bioidentical Hormone Therapy

80 contact hours • 16.2.18.25 NMAC

Basic Injection Therapy is a prerequisite to Injection Therapy and Intravenous Therapy under 16.2.18.10(B) NMAC.

Find the Board website, Practice Act and rules

USE THE REGULATOR'S OFFICIAL RESOURCES

1. Open rld.nm.gov, choose **Boards and Commissions**, then **Acupuncture and Oriental Medicine**.
2. Open **Statutes, Rules, and Rule Hearings**.
3. Open the **Acupuncture and Oriental Medicine Practice Act** and read NMSA 1978 § 61-14A-8.1.
4. Follow the link to the **New Mexico Administrative Code**, then go to **Title 16 → Chapter 2**.
5. Review **Part 18** (education), **Part 19** (certification) and **Part 20** (formularies).
6. Use the Board's information pages for meetings, membership and current notices.

Board home: rld.nm.gov/boards-and-commissions/individual-boards-and-commissions/acupuncture-and-oriental-medicine/

Basic Injection Therapy returns to New Mexico

BMMAI COURSE APPROVAL AND ENROLLMENT

- The New Mexico Board of Acupuncture and Oriental Medicine has approved BMMAI's **72-hour Basic Injection Therapy Expanded Practice Course**.
- The course is planned in Santa Fe across three weekends in March and April 2027. Registration is open.
- Completion of a Board-approved course is distinct from individual certification; graduates must apply to the Board under applicable requirements.

Course details and enrollment: [BMMAI.com](https://bmm.ai)

Course Director and teaching approach

EDUCATION ROOTED IN SAFETY AND CLINICAL REASONING

- Dr. John D. Ross, D.O.M., Course Director: subject-matter expert on the National Acupuncture Injection Therapy Taskforce, and teacher of New Mexico's last Basic Injection Therapy course, in 2014.
- The BMMAI Basic Injection Therapy course emphasizes foundations before techniques, safety before speed, practice before performance, and reasoning over protocols. The aim is a clinician who knows when, why, and whether to act.

About the BMMAI Basic Injection Therapy course

NEW MEXICO COURSE PREREQUISITES

- 72 hours of live, in-person instruction, including supervised clinical practice at one instructor to no more than eight students.
- Coursework includes safety, pharmacology, orthopedic and neurologic assessment, injection technique, clinical reasoning, documentation, and emergency response.
- Enrollment prerequisites include a New Mexico D.O.M. license in good standing, documented pharmacology education under 16.2.18.10(C) NMAC, and current CPR/BLS credentials.
- Published schedule, fees, and enrollment details: **BMMAI.com**.

The national AIT Certificate of Qualification

TRAINING, ASSESSMENT, AND STATE AUTHORITY

- BMMAI is listed by NCBAHM among the American Society of Acupuncturists-approved AIT course providers.
- To qualify to take the NCBAHM examination leading to the Certificate of Qualification, candidates must complete an approved course and meet the examination eligibility requirements.
- The assessment consists of 70 multiple-choice questions with a passing score of 70%. Candidates should follow their NCBAHM Authorization to Test for current testing instructions.
- The national certificate does **not** independently authorize procedures that are outside a practitioner's state scope of practice.

Official information: ncbahm.org/education/professional-development/certificate-programs/acupuncture-injection-therapy/

National course structure

COMPETENCY-BASED EDUCATION

National minimum

At least 40 hours of education, including at least 16 hours of supervised practice. Training covers safe injection procedures and relevant clinical responsibilities.

BMMAI national course

48 hours: 30 hours of didactic education and 18 hours of supervised practice, aligned with the national learning objectives.

The New Mexico 72-hour Basic Injection Therapy course incorporates the educational requirements for eligibility to sit the NCBAHM Acupuncture Injection Therapy Certificate of Qualification examination. State certification and the national COQ remain separate credentials.

Advanced-course approval and future directions

REGULATORY REQUIREMENTS AND EDUCATIONAL ACCESS

- Under 16.2.18.8 NMAC, every expanded practice course except Basic Injection Therapy must meet ICE or NCCA credentialing standards, and its testing must be approved by a credentialed Ph.D. psychometrician (16.2.18.8(E); 16.2.18.15(G), 16.2.18.19(G), 16.2.18.24(G) NMAC).
- Amendments effective October 22, 2024 removed that requirement for Basic Injection Therapy, which is what made its return possible.
- For the three advanced courses, the cost, time, and specialized resources required by these standards have made course approval and delivery impracticable for educational providers.
- BMMAI supports revising these requirements so that advanced education can resume, with sound examinations approved by the Board.
- BMMAI is planning toward an Injection Therapy course, and its Basic course is designed to prepare students for it.

The four certification categories remain in New Mexico law and Board rules. These requirements affect how courses are approved.

Participate in the New Mexico Board

PROFESSIONAL LEADERSHIP AND PUBLIC SERVICE

- Attend public meetings of the New Mexico Board of Acupuncture and Oriental Medicine and review its published notices.
- Consider applying to serve on the Board. Check the official roster for current vacancies.
- Review statutory eligibility requirements and the Governor's Boards and Commissions application instructions.
- Prepare a résumé and letter of interest; submit the application through the Governor's official website.

Apply: governor.nm.gov/apply/boards-and-commissions/

Board roster: rld.nm.gov → Acupuncture and Oriental Medicine → Board Members

Registration for the upcoming BMMAI Basic Injection Therapy course

BEGINNER'S MIND MEDICAL ARTS INSTITUTE

Course information and registration

BMMAI.com

Contact

registration@bmmai.com